



PRESCRIPTION PAIN MEDICATIONS AREN'T ALWAYS THE ANSWER

ASK
FOR THE
ALTERNATIVES

Talk to your patients about alternative pain management options that may be safer than prescription drugs.

Your patients may benefit more from alternative pain management treatments, especially in the long-term. You can increase awareness and adoption of alternative pain management treatments in your community—and help patients avoid the risks of opioids and other prescription pain medications.

Know The Alternatives

- Lifestyle changes
- Behavioral health therapies
- Restorative therapies
- Complementary and integrative healthcare
- Non-opioid medications
- Interventional procedures

Explore safe, effective pain management alternatives at [AskForAlternatives.com](https://www.AskForAlternatives.com)

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