

## RETHNAK THERAPY FOR PAIN

## Five questions to ask before you prescribe opioid medications for chronic pain:

- **1** What is your patient's history with chronic pain?
- 2 Are underlying conditions or mental health issues contributing to pain?
- **3** What are measurable, achievable treatment goals?
- **4** What restorative and integrative therapies may be effective?
- **5** Are non-opioid medications or interventional procedures appropriate?





## Talk to your patients about alternative pain management options that may be safer than opioids.

Explore safe, effective alternatives at AskForAlternatives.com

## A PROGRAM OF





Community Overdose Action Team Working Together To Combat Overdoses and Drug Abuse



This work is funded either in whole or in part by a grant awarded by the Ohio Department of Health, Office of Health Improvement and Wellness Violence and Injury Prevention Section and as a sub-award of a grant issued by the Centers for Disease Control and Prevention under the Overdose Data to Action grant, grant award number 1 NU17CE924989-01-00, and CFDA number 93.136.