



Montgomery
County
Prevention
Coalition

Educate | Advocate | Empower

COME BACK STRONGER



Sports injuries are temporary, but addiction to opioids might not be.

Come back stronger after a sports injury by asking for alternatives to opioids.



Physical
Therapy



Massage



And More

GREAT ALTERNATIVES

ASK
FOR THE
ALTERNATIVES

ONE TEAM, ONE MISSION [ASKFORALTERNATIVES.COM](https://askforalternatives.com)

A PROGRAM OF



TakeChargeOhio



Community Overdose Action Team
Working Together To Combat Overdoses and Drug Abuse



Public Health
Prevent. Promote. Protect.

Dayton &
Montgomery
County



ADAMHS
BOARD
MONTGOMERY COUNTY
ALCOHOL, DRUG ABUSE, AND MENTAL HEALTH SERVICES

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